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**Systematic Review****Clinical Pharmacokinetics of Brivaracetam: A Systematic Review**Attia Qayyum<sup>1</sup>, Ammara Zamir<sup>2</sup>, Imran Imran<sup>1</sup>, Muhammad Fawad Rasool<sup>2\*</sup><sup>1</sup>Department of Pharmacology, Faculty of Pharmacy, Bahauddin Zakariya University, 60800, Multan, Pakistan<sup>2</sup>Department of Pharmacy Practice, Faculty of Pharmacy, Bahauddin Zakariya University, 60800, Multan, Pakistan

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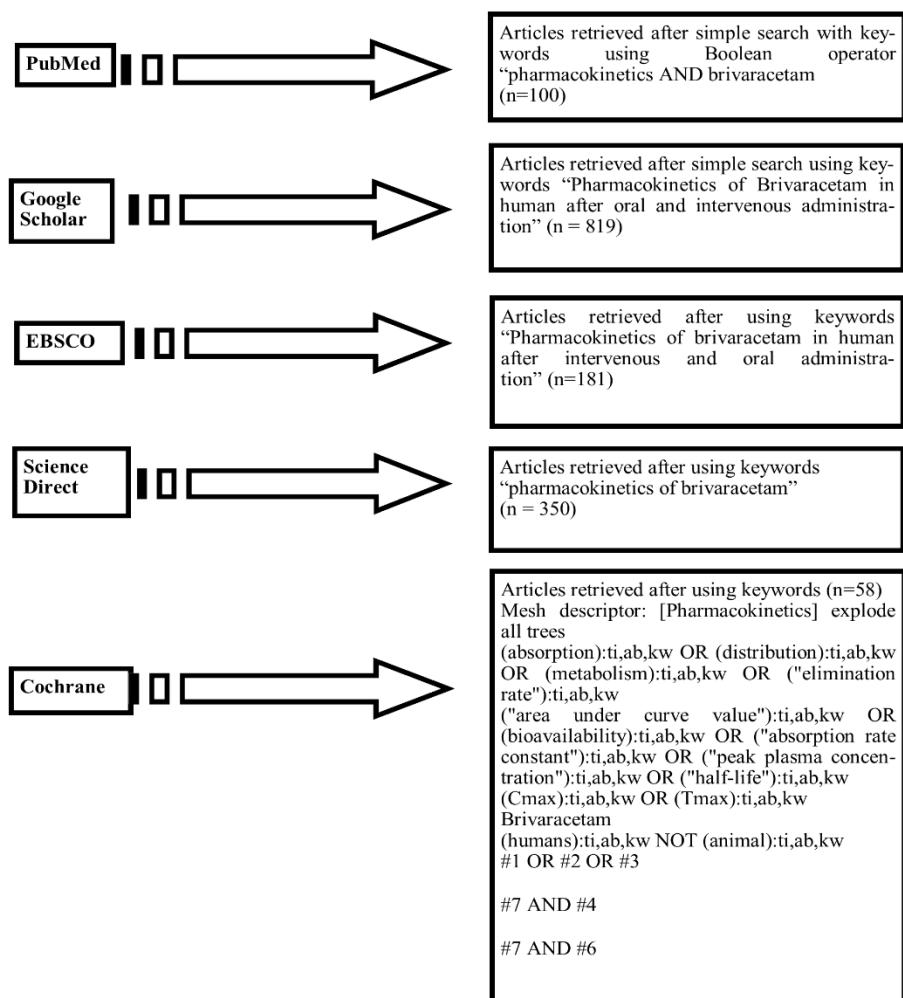
**Abstract**

Brivaracetam (BRV) is an antiepileptic drug (AED) used to treat focal seizures. It can be administered through oral and intravenous (IV) routes. In this review, the main objective is to present a thorough analysis of reported pharmacokinetics (PK) information on BRV in humans. Five electronic databases were used to execute a systematic literature search, i.e. Google Scholar, EBSCO, Science Direct, Cochrane, and PubMed. All articles containing information on the PK of BRV in humans were searched. This review process was officially filed in the PROSPERO database under the registration number CRD42023451328. Thirteen papers were finally included in this systematic review after applying eligibility criteria to 1508 publications from all included databases. A dose-dependent increase in  $C_{max}$  and  $AUC_{0-\infty}$  was seen after oral application of BRV. A slight increase in the  $AUC_{0-\infty}$  of BRV was observed in severe renal impaired patients as compared to healthy controls. The co-administration of BRV with carbamazepine and rifampicin resulted in a significant rise in oral clearance (CL/F) from 0.92 ml/min to 1.30 ml/min and 0.80 ml/min to 1.45 ml/min, respectively, emphasizing the importance of medication interactions in clinical settings. The bioavailability and serum half-life ( $t_{1/2}$ ) of BRV were reduced when administered with drugs. This comprehensive overview not only improves our understanding of the drug's PK behavior but also provides valuable insights for researchers and clinicians to optimize BRV therapy. The presented results may help clinicians understand the PK parameters ( $AUC_{0-\infty}$ ,  $C_{max}$ , and  $t_{1/2}$ ) of BRV in foreseeing its adverse drug reactions and drug-drug interactions.

**Keywords:** Antiepileptic drug; Brivaracetam; Healthy control; Pharmacokinetic; Systematic review; Severe renal impairment.**1. Introduction**

Brivaracetam (BRV) is a third-generation antiepileptic drug approved by the United States Food and Drug Administration (US FDA) in 2016 for adjunctive treatment of patients with focal seizures (Klein et al. 2018, Khaleghi and Nemeč 2017), and status epilepticus (Aicua-Rapun et al. 2019). Its precise mechanism of action is unknown, but in the brain, the effects of anticonvulsants are due to their greater affinity for “synaptic vesicle protein” (SV2A) (Khaleghi and Nemeč 2017). By stimulating vesicle fusion and maintaining a reserve of secretory vesicles, BRV is supposed to play an essential part in regulating neurotransmission. It is regarded as

the master regulator of neurotransmitter release (Gillard et al. 2011, Löscher et al. 2016, Madeo, Kovács, and Pearce 2014). It may be administered orally (Srinivasan et al. 2022) and intravenous (IV) route (Aicua-Rapun et al. 2019). The “Biopharmaceutics classification system” (BCS) categorized BRV as a class 1, having high permeability and solubility (Poposka et al. 2013). The plasma-protein-binding (PPB) of BRV with albumin is < 20% (Tiwari), with an oral absorption rate of 96.8% and a maximum time concentration ( $T_{max}$ ) of about an hour (von Rosenstiel 2007). The main pathway of BRV metabolism involves the non-CYP-dependent enzyme amidase converting the amide function



**Figure 1. Literature Search Strategy**

into a carboxylic acid, whereas the other one is related to CYP2C19-mediated hydroxylation of the propyl side chain (Otoul et al. 2017). Within 72 hours, approximately 95% of BRV is excreted in the urine, and 8.6% remains unchanged. The mean half-life ( $t_{1/2}$ ) and plasma clearance of BRV are 7 to 8 hrs and 3.4 L/ hr, respectively (Rolan, Sargentini-Maier, et al. 2008).

BRV is a chemical derivative of butanamide, having a molecular mass of 212.15 g/mol and the chemical formula  $C_{11}H_{20}N_2O_2$  (Hung, Wu, and Huang 2021, Oster 2018). It has a pKa value of 7.07 and is soluble in aqueous fluids at a solubility of around 0.85 g/ml at pH 7.4 (Yang et

al. 2022). The values for octanol-to-water partition coefficient (Log P), blood/plasma ratio (B/P), and fraction unbound to plasma proteins ( $f_u$ , p) are 1.04, 1.0, and 0.79, respectively (Brochot, Zamacona, and Stockis 2010).

BRV falls under Schedule V and pregnancy Category C (Oster 2018). Because of its lipophilic characteristics, it penetrates the blood-brain barrier more rapidly than levetiracetam, which elaborates it as an efficacious drug in emergencies. Therefore, the fast penetration through the blood-brain barrier discloses its new treatment plan possibilities in the early stages of status epilepticus (Kalss et al. 2018). Drug-

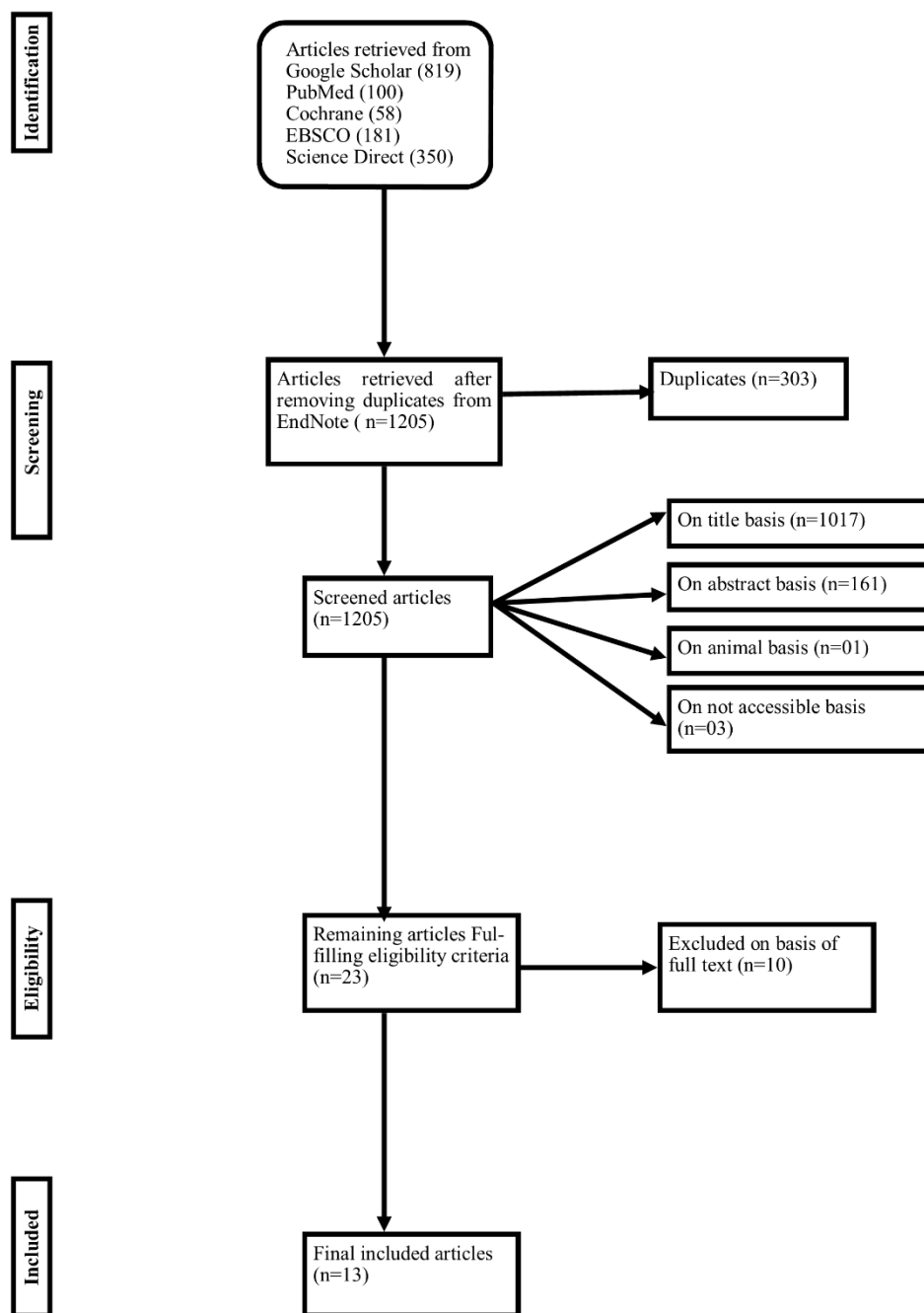


Figure 2: BRV PRISMA flow chart

induced adverse effects are found in patients with temporal lobe epilepsy with higher sensitivity to the drug (Klitgaard et al. 2016). The major adverse effects of BRV are somnolence (Meador et al. 2020), drowsiness (Visa-Reñé et al.

2020), dizziness (Meador et al. 2020), exhaustion (Siddiqui et al. 2023), nausea or vomiting, hypersensitivity reactions like bronchospasm (Brandt et al. 2020), angioedema (Kwan et al.), psychotic symptoms like paranoia,

**Table 1. Demographic characteristics of the included Pharmacokinetic Studies.**

| Sr. # | Study  | Population                             | Gender | Age (years) | N  | Drug        | Dose (mg)       | Dosage Form | Frequency      | Primary goal | Primary outcome |
|-------|--|--|--------|-------------|----|-------------|-----------------|-------------|----------------|--------------|-----------------|
| 1     | (Stockis, Hartstra, et al. 2016)               | Healthy                                | M/F    | 18–55       | 25 | BRV         | 10, 50, 75, 100 | PO          | Single dose    | PK           | PK parameters   |
|       |  |  |        |             |    |             | 100             | IV          |                |              |                 |
| 2     | (Stockis et al. 2015)                          | Healthy                                | M      | 18–55       | 14 | BRV         | 200             | PO          | OD             | PK           | PK parameters   |
|       |  |  |        |             |    | CBZ         | 300             |             | BID<br>BID     |              |                 |
| 3     | (Sargentini-Maier et al. 2012)                 | 9 Healthy, 9 with RD                   | M/F    | N/M         | 18 | BRV         | 200             | PO          | OD             | PK           | PK parameters   |
| 4     | (Nicolas et al. 2012)                          | Healthy, diabetic                      | M      | N/M         | 26 | BRV         | 150             | PO          | OD             | PK           | PK parameters   |
|       |  |  |        |             |    | Gemfibrozil | 600             |             | BID            |              |                 |
| 5     | (Stockis, Sargentini-Maier, and Horsmans 2013) | Healthy, patients with hepatic disease | M      | N/M         | 42 | BRV         | 100             | PO          | OD             | PK           | PK parameters   |
| 6     | ](Stockis, Watanabe, et al. 2016)              | Healthy                                | M      | 18–55       | 26 | BRV         | 150             | PO          | OD             | PK           | PK parameters   |
|       |  |  |        |             |    | Rifampin    | 600             |             |                |              |                 |
| 7     | (Rolan, Sargentini-Maier, et al. 2008)         | Healthy                                | M      | 28–30       | 36 | BRV         | 200, 400 800    | PO          | OD, BID        | PK           | PK parameters   |
| 8     | (Sargentini-Maier et al. 2007)                 | Healthy                                | M      | 18–55       | 35 | BRV         | Multiple        | PO          | OD             | PK           | PK parameters   |
| 9     | (Otoul et al. 2017)                            | Healthy                                | M/F    | 18–55       | NM | BRV         | 10*             | PO          | N/M            | PK           | PK parameters   |
|       |  |  |        |             |    |             | 50              |             |                |              |                 |
| 10    | (Sargentini-Maier et al. 2008)                 | Healthy                                | M      | N/M         | 6  | BRV         | 150             | PO          | Single dose    | PK           | Pk parameters   |
| 11    | (Kruithof et al. 2017)                         | Healthy                                | M      | 18–55       | 18 | BRV         | 200             | PO          | Single dose    | PK           | PK parameters   |
|       |  |  |        |             |    | Ethanol     | 0.6*            |             |                |              |                 |
| 12    | (Stockis et al. 2014)                          | Healthy                                | M      | 20–40       | 80 | BRV         | 2.5–100         | PO          | Single doses   | PK           | PK parameters   |
|       |  |  |        |             |    |             | 2.5–50          |             | Multiple doses |              |                 |
| 13    | (Yamamoto, Ikeda, and Stockis 2022)            | Healthy                                | M/F    | 20–55       | 24 | BRV         | 100             | IV Bolus    | Single Dose    | PK           | PK parameters   |
|       |  |  |        |             |    |             |                 | IV Infusion |                |              |                 |
|       |  |  |        |             |    |             |                 | PO          |                |              |                 |

PK pharmacokinetic, N/M not mentioned, M male, F female, PO per oral, IV intravenous, N number of participants, OD once a day, BID both in a day, BRV brivaracetam, CBZ carbamazepine, RD renal disease, \* g/l gram/ liter, \*\* mg/ml O.S.

**Table 2. PK parameters of BRV among intravenous studies in a healthy population.**

| S # | Reference                           | Drug            | Dose (mg) | C <sub>max</sub> (µg / ml) | AUC <sub>0-∞</sub> (µg.h/ml) | T <sub>max</sub> (h) | CL/F (ml/min/kg) | t <sub>1/2</sub> (h) |
|-----|-------------------------------------|-----------------|-----------|----------------------------|------------------------------|----------------------|------------------|----------------------|
| 1   | (Stockis, Hartstra, et al. 2016)    | BRV             | 100       | 3.36                       | N/M                          | 0.08                 | 0.198            | 9.2                  |
| 2   | (Yamamoto, Ikeda, and Stockis 2022) | BRV IV bolus    | 100       | 7.40                       | 37.6                         | 0.083                | 0.164            | 9.0                  |
|     |                                     | BRV IV infusion |           | 6.07                       | 36.8                         | 0.25                 | 0.165            | 9.0                  |

AUC<sub>0-∞</sub> “area under the plasma concentration-time curve”, N/M not mentioned, C<sub>max</sub> “maximum plasma concentration”, BRV Brivaracetam, T<sub>max</sub> “time to reach maximum plasma concentration”, CL/F oral clearance.

hallucinations (Taj, Zuber, and Vidhyashree), and nonpsychotic symptoms like anxiety, mood swings, and irritability (Hussar and George 2016, Stephen and Brodie 2018). The chance of unfavorable neurologic events can be anticipated to rise due to potential drug interactions between BRV and other central nervous system depressants, such as alcohol. Patients with known hypersensitivity to BRV should not use the medication. (Hussar and George 2016).

A complete representation of BRV in terms of clinical efficacy and physiological parameters by utilizing IV and PO routes of administration in diseased and healthy individuals is elaborated in the existing systematic review. The described pharmacokinetics (PK) data of BRV in the present review may assist in evaluating the Physiologically based pharmacokinetic model (PBPK). The ultimate aim of the present review is to assist clinicians in optimizing BRV dosing after considering the presented PK data in both populations (healthy and unhealthy).

## 2. Methods

### 2.1 Research Design

The presented review followed the guidelines outlined in the “Preferred Reporting Items for

Systematic Reviews and Meta-Analysis (PRISMA)” (Moher et al. 2009) and the Cochrane Handbook guidelines (Higgins 2011). The existing review protocol had been officially listed in the PROSPERO database with the registration number CRD42023451328.

### 2.2 Literature Search Strategy

A concise, systematic review search was performed till December 2023 after screening articles relevant to the PK of BRV by using different databases such as “PubMed, Google Scholar, EBSCO, Cochrane Library, and Science Direct”. Keywords were identified by segmenting the research questions to start the search strategy. All reviewers scrutinized the outcomes of this systematic review. One reviewer identified the search following a thorough search of 5 databases. The titles, abstracts, and full texts of the included articles were independently reviewed by two evaluators using predefined inclusion and exclusion criteria. After finalizing the screening, one reviewer extracted the data, and this extraction was subsequently verified by the other reviewers. The applied strategies are illustrated in Figure 1.

**Table 3. Studies of BRV via oral route in a healthy population.**

| S #        | References                             | Drug                 | Dose (mg) | C <sub>max</sub> (µg/ml) | AUC <sub>0-∞</sub> (µg.hr/ml) | T <sub>max</sub> (hr) | CL/F (ml/min/kg) | t <sub>1/2</sub> (hr) |
|------------|--|----------------------|-----------|--------------------------|-------------------------------|-----------------------|------------------|-----------------------|
| 1          | (Stockis, Hartstra, et al. 2016)       | BRV                  | 10        | 0.25                     | N/M                           | 1                     | 0.197            | 9.7                   |
|            |  |                      | 50        | 1.28                     | N/M                           | 1                     | 0.196            | 9.4                   |
|            |  |                      | 75        | 1.99                     | N/M                           | 1                     | 0.194            | 9.3                   |
|            |  |                      | 100       | 2.63                     | N/M                           | 1                     | 0.196            | 9.0                   |
| 2          | (Rolan, Sargentini-Maier, et al. 2008) | BRV (D-1)            | 200       | 2.2                      | 27.5                          | 2                     | 0.83             | 7.7                   |
|            |  |                      |           | 3.5                      | 27.7                          | 2                     | 0.83             | N/M                   |
|            |  |                      |           | 3.5                      | 28                            | 2                     | 0.82             | 7.3                   |
|            |  | BRV (D-1)            | 400       | 4.7                      | 56                            | 2                     | 0.82             | 7.3                   |
|            |  |                      |           | 7.3                      | 55.2                          | 2                     | 0.82             | N/M                   |
|            |  |                      |           | 7.7                      | 55.4                          | 2                     | 0.82             | 6.8                   |
|            |  | BRV (D-1)            | 800       | 9.0                      | 104.1                         | 2                     | 0.83             | 7.8                   |
|            |  |                      |           | 12.4                     | 93.1                          | 1                     | 0.93             | N/M                   |
| BRV (D-14) |  | 13.3                 | 90.8      | 1                        | 0.95                          | 6.3                   |                  |                       |
| 3          | (Sargentini-Maier et al. 2007)         | BRV                  | 10        | 0.31                     | 2.54                          | 0.5                   | 0.88             | 8.06                  |
|            |  |                      | 20        | 0.43                     | 4.50                          | 1                     | 1.07             | 8.18                  |
|            |  |                      | 40        | 0.95                     | 9.74                          | 1.26                  | 0.95             | 8.05                  |
|            |  |                      | 80        | 2.18                     | 19.66                         | 0.5                   | 0.95             | 7.71                  |
|            |  |                      | 150       | 4.24                     | 43.12                         | 0.75                  | 0.82             | 8.04                  |
|            |  |                      | 300       | 8.58                     | 84.25                         | 1                     | 0.86             | 7.43                  |
|            |  |                      | 600       | 16.15                    | 170.0                         | 0.75                  | 0.83             | 7.26                  |
|            |  |                      | 1000      | 28.46                    | 316.9                         | 1.25                  | 0.73             | 7.41                  |
|            |  |                      | 1400      | 41.28                    | 464.6                         | 1.75                  | 0.70             | 7.31                  |
| 4          | (Otoul et al. 2017)                    | BRV                  | 10*       | 1.42                     | 15.9                          | 0.63                  | 0.202            | 8.90                  |
|            |  |                      | 50        | 1.34                     | 16.3                          | 1                     | 0.200            | 9.13                  |
| 5          | (Yamamoto, Ikeda, and Stockis 2022)    | BRV                  | 100       | 3.96                     | 36.6                          | 0.5                   | 2.77             | 9.1                   |
| 6          | (Sargentini-Maier et al. 2008)         | BRV                  | 150       | 4.0                      | 44.6                          | 1.5                   | 0.77             | 7.6                   |
| 7          | (Stockis et al. 2014)                  | BRV (single doses)   | 2.5       | 0.087                    | 0.865                         | 0.5                   | 0.82             | 9.3                   |
|            |  |                      | 10        | 0.373                    | 3.606                         | 0.5                   | 0.81             | 9.2                   |
|            |  |                      | 25        | 9.0                      | 7.649                         | 0.5                   | 0.85             | 8.5                   |
|            |  |                      | 50        | 0.921                    | 18.358                        | 0.5                   | 0.78             | 9.3                   |
|            |  |                      | 100       | 3.083                    | 32.203                        | 0.5                   | 0.85             | 8.8                   |
|            |  | BRV (Multiple doses) | 2.5       | 0.113                    | 0.702                         | 0.5                   | 0.93             | 9.4                   |
|            |  |                      | 10        | 0.508                    | 2.785                         | 0.5                   | 1                | 8.7                   |
|            |  |                      | 50        | 2.477                    | 14.239                        | 0.5                   | 0.47             | 8.6                   |

AUC<sub>0-∞</sub> " area under the plasma concentration-time curve, N/M not mentioned", C<sub>max</sub> "maximum plasma concentration", BRV Brivaracetam, T<sub>max</sub> "time to reach maximum plasma concentration", D day, CL/F oral clearance, HC healthy control, SRI severe renal impairment, \*mg/ml O.S

### 2.3 Eligibility Criteria

This systematic review focused on English-published studies with at least one documented PK parameter for BRV plasma–concentration vs time profile in different populations (healthy & diseased), administered by either IV or PO route. Furthermore, there were no limitations regarding publication years till December 2023. The excluded articles are given in Supplementary Table S1.

### 2.4 Study Selection and Data Collection

All the comprehensive studies from five databases were exported to EndNote version 20, and the deletion of duplicates was done by using the option of “remove duplicates”. The screening process was then carried out based on the titles, animal studies, abstracts, and accessibility. The phrase “exclusion based on title and abstract” refers to the first screening of potentially relevant research to assess its suitability for inclusion in this review. Book chapters and brief reviews were excluded. After extracting all the publications that met the eligibility requirements using full-text reading, the relevant studies were then added. The age, number of individuals, dosage, frequency, routes of administration, and PK parameters such as the “area under the plasma concentration-time curves (AUC), maximum plasma concentration ( $C_{max}$ ),  $T_{max}$ ,  $t_{1/2}$ , and CL” were obtained from the included articles. To maintain data consistency and uniformity in comparing outcomes, units of  $AUC_{0-\infty}$  and  $C_{max}$  were standardized in some studies.

### 2.5 Quality Evaluation

For quality appraisal, various scoring systems, including the Oxford scoring system or Jadad (Berger and Alpers 2009), the “Critical Appraisal Skills Program (CASP)” (Al-Dirini, Thewlis, and Paul 2012), and “Critical Appraisal of Clinical Pharmacokinetics (CACPK)” (Soliman et al. 2022) were used to assess the articles, with one author screening the eligibility

and two independently assessing quality and risk of bias. The quality of each pertinent study was then evaluated by using these tools. The Jadad scoring system, which focuses on blinding, randomization, and dropouts, was used for assessing the quality of clinical trials. The Jadad grading system uses a five-point rating scale to rate the quality of publications, and studies are categorized as high, moderate, or low quality depending on which they receive a score of > 4, 3–4, and < 3, respectively. The CASP method is commonly used to evaluate the quality of multiple research like controlled trials, systematic reviews, and case-control. This technique consists of 10 questions with a rating scale score for each article, i.e., low quality (< 4), moderate quality (4–6), and high quality (> 6). The CACPK is a quality evaluation tool designed for PK investigations focusing on aspects such as study design, sample selection, and data processing. Its questionnaire comprises 21 questions with a rating scale for each question, i.e., studies scoring high (> 13), moderate (12–13), and poor quality (> 12). Furthermore, the “Cochrane Collaboration Tool (CCT)” (Peng et al. 2014) consisting of seven questions was used to assess the risk of bias, in which data is evaluated by the final scoring method in terms of unclear risk (UR), high risk (HR), and low risk (LR). Good quality is indicated by a score of more than 6, moderate quality by 4–6, and poor quality by 4.

## 3. Results

### 3.1 Literature Search Characteristics

After thoroughly searching via five different databases, 1508 published articles were retrieved. Following the removal of 303 duplicates, 1205 articles were excluded based on abstract, title, animal-related, extensive reading, and inaccessible studies, among which 13 publications were finally used in this systematic review. Figure 2 describes a detailed

**Table 4. Depiction of PK parameters of BRV among PO studies in diseased population.**

| S # | References                                     | Drug                          | Dose | C <sub>max</sub> (µg/ml) | AUC <sub>0-∞</sub> (µg.hr/ml) | T <sub>max</sub> (hr) | CL/F (ml/min/kg) | t <sub>1/2</sub> (hr) |
|-----|--|-------------------------------|------|--------------------------|-------------------------------|-----------------------|------------------|-----------------------|
| 1   | (Sargentini-Maier et al. 2012)                 | BRV, (HC)                     | 200  | 6.42                     | 63.1                          | 0.5                   | 51.8             | 8.4                   |
|     |  | BRV, (SRI)                    |      | 6.40                     | 76.5                          | 1.5                   | 42.3             | 9.8                   |
|     |  | Acid Metabolite, (HC)         |      | 0.270                    | 3.51                          | 4                     | N/M              | 8.0                   |
|     |  | Acid Metabolite, (SRI)        |      | 0.645                    | 11.4                          | 4                     | N/M              | 10.0                  |
|     |  | Hydroxy Metabolite, (HC)      |      | 0.498                    | 14.1                          | 12                    | N/M              | 9.4                   |
|     |  | Hydroxy Metabolite, (SRI)     |      | 0.978                    | 57.6                          | 24                    | N/M              | 23.8                  |
|     |  | Hydroxy acid Metabolite (HC)  |      | 0.074                    | 1.67                          | 6                     | N/M              | 16.8                  |
|     |  | Hydroxy acid Metabolite (SRI) |      | 0.868                    | 35.8                          | 12                    | N/M              | 22.7                  |
| 2   | (Stockis, Sargentini-Maier, and Horsmans 2013) | BRV (HC)                      | 100  | 2.86                     | N/M                           | 1.0                   | 0.71             | 9.8                   |
|     |  | BRV (H.D), Mild               |      | 3.21                     | N/M                           | 0.5                   | 0.54             | 14.2                  |
|     |  | BRV (H.D), Moderate           |      | 2.86                     | N/M                           | 0.5                   | 0.48             | 16.4                  |
|     |  | BRV (H.D), Severe             |      | 2.62                     | N/M                           | 0.5                   | 0.46             | 17.4                  |

AUC<sub>0-∞</sub> “area under the plasma concentration-time curve”, N/M not mentioned, C<sub>max</sub> “maximum plasma concentration”, BRV Brivaracetam, T<sub>max</sub> “time to reach maximum plasma concentration”, CL/F oral clearance, HC healthy control, SRI severe renal impairment, H.D hepatic disease,

comprehensive overview of the specific inclusion and exclusion criteria, summarizing the search results and study selection.

### 3.2 Characteristics of Included PK Studies

The characteristics of the articles included, encompassing details such as age demographics, gender distribution, population specifics, author names, participant numbers, dosage forms, administered doses, frequency, primary goals, and primary outcome, are mentioned below in Table 1.

### 3.3 Quality Assessment Results

To assess the quality and risk of bias, 13 studies were evaluated using “Jadad grading, CASP, CACPK, and CCT”. It is vital to highlight that there is no single tool for judging quality and assessment. Each tool has advantages and disadvantages, and the ideal strategy is to employ a variety of methods to gain a thorough understanding of quality study. It is equally critical to understand the setting in which the scores are used. When examining the specific characteristics of quality measured by each tool,

the Jadad scale may be significant, particularly in terms of the relevance of a certain research question or context. The ultimate goal of quality evaluation is to identify a study's strengths and limitations, allowing for appropriate interpretation and implementation of its findings in clinical practice or guiding future research. According to Jadad’s grading, 3 articles were rated as high quality, 4 as moderate quality, and 6 as low quality. When assessed with the CASP tool, 1 article was of “low quality”, 3 were of “moderate quality”, and 9 were of “high quality”. Within the framework of the CACPK tool, 9 articles were of high quality, 3 were of moderate quality, and 1 was of low quality. In CCT scoring, 2 articles were at HR having poor quality, 8 were at moderate risk having moderate quality, and 3 were at LR of bias having good quality. The results of these quality scoring methods are provided in supplementary tables S2, S3, and S4. The findings of the CCT for evaluating the “risk of bias” are represented in supplementary table S5.

### 3.4 Healthy Population

#### 3.4.1 Intravenous Route of Brivaracetam

From the total 13 studies, merely two involved IV infusion, and notably, one of these studies also discussed IV bolus administration with a constant dose of 100 mg of BRV. After infusing the 100 mg dose, the mean  $C_{max}$  was reported to be 3.36  $\mu\text{g/ml}$  (Stockis, Hartstra, et al. 2016). Another study reported that at the same dose of 100 mg of BRV, the values of  $AUC_{0-\infty}$  were 37.6  $\mu\text{g}\cdot\text{hr/ml}$  and 36.8  $\mu\text{g}\cdot\text{hr/ml}$  for both IV infusion and IV bolus, respectively. (Yamamoto, Ikeda, and Stockis 2022). The remaining PK parameters are shown in Table 2.

#### 3.4.2 Oral Route of Brivaracetam

Out of the 13 pertinent research articles, a total of 7 oral studies were reported. For one reported study, the  $C_{max}$  values increased from 0.25  $\mu\text{g/ml}$ , 1.28  $\mu\text{g/ml}$ , and 1.99  $\mu\text{g/ml}$ , to 2.63  $\mu\text{g/ml}$  with BRV doses of 10 mg, 50 mg, 75 mg, and 100 mg, respectively (Stockis, Hartstra, et al. 2016). In another reported study, on doubling the dose of BRV to 200 mg, the values of  $C_{max}$  and  $AUC_{0-\infty}$  were found to be increased 2-fold (Rolan, Sargentini-Maier, et al. 2008). One of the published studies has displayed an increase in values of  $AUC_{0-\infty}$  from 0.865  $\mu\text{g}\cdot\text{hr/ml}$  to 32.203  $\mu\text{g}\cdot\text{hr/ml}$  and 0.702  $\mu\text{g}\cdot\text{hr/ml}$  to 14.239  $\mu\text{g}\cdot\text{hr/ml}$  for single doses and multiple doses accordingly (Stockis et al. 2014). The other PK parameters, including  $T_{max}$ ,  $CL/F$ , and  $t_{1/2}$  are depicted in Table 3.

### 3.5 Diseased Population

#### 3.5.1 Oral Administration of BRV

Only two studies out of 13 included articles, describe the disease pattern with impaired renal function and hepatic disease. In patients with severe renal impairment (SRI), while administering a BRV dose of 200mg, the values of  $C_{max}$  decreased as compared to healthy volunteers from 6.42  $\mu\text{g/ml}$  to 6.40  $\mu\text{g/ml}$ , and  $T_{max}$  increased, i.e. 1.5 hr vs. 0.5 hr (Sargentini-Maier et al. 2012). In 1 of the studies, the  $CL/F$

values of  $CL/F$  were found to decrease from 0.71  $\text{ml/min/kg}$  to 0.54  $\text{ml/min/kg}$ , 0.48  $\text{ml/min/kg}$ , and 0.46  $\text{ml/min/kg}$  in mild to moderate and severe hepatic disease, respectively (Stockis, Sargentini-Maier, and Horsmans 2013) and the additional PK parameters including  $t_{1/2}$ ,  $CL/F$ ,  $AUC_{0-\infty}$  are mentioned in Table 4.

#### 3.6 Drug-Drug Interactions of BRV

Four studies from systematic research have described the BRV-drug interactions. When rifampicin and BRV were administered together, the  $AUC$  decreased from 41.2  $\mu\text{g}\cdot\text{hr/ml}$  to 22.8  $\mu\text{g}\cdot\text{hr/ml}$  (Stockis, Watanabe, et al. 2016). No significant increase in  $C_{max}$  was noted from 4.15  $\mu\text{g/ml}$  to 4.16  $\mu\text{g/ml}$  when BRV was given in combination with gemfibrozil (Nicolas et al. 2012). Following an oral administration of BRV with carbamazepine, the decrease in  $C_{max}$  was found from 4.51  $\mu\text{g/ml}$  to 3.92  $\mu\text{g/ml}$ , and a substantial increase in  $CL/F$  ( $\text{ml/min/kg}$ ) of BRV was seen, rising from 0.92 to 1.32 (Stockis et al. 2015) and further, PK parameters are depicted in Table 5.

## 4. Discussion

The primary objective of this systematic review was to compile, assess, and evaluate all the studies in humans that had been done on BRV PK. In total, relevant studies of BRV two were allocated with IV studies, seven with PO studies, two with diseased studies, and four with drug-drug interactions. The  $C_{max}$ ,  $AUC_{0-\infty}$ ,  $CL/F$ ,  $T_{max}$ , and  $t_{1/2}$  were the PK variables that were most frequently recorded in the related papers. (Schoemaker, Wade, and Stockis 2017). The PK characteristics of BRV, such as  $C_{max}$  and  $AUC_{0-\infty}$ , increased consistently with escalating dosages of 10 mg, 50 mg, 75 mg, and 100 mg, indicating a dose-dependent PK response. This tendency suggests that increased doses of BRV cause higher peak concentrations in the circulation, potentially influencing the therapeutic effectiveness and drug safety profile. One of the

**Table 5. Studies of BRV regarding Drug-Drug Interactions**

| S # | References                       | Drug              | Dose (mg) | C <sub>max</sub> (µg/ml) | AUC <sub>0-∞</sub> (µg.hr/ml) | T <sub>max</sub> (hr) | CL/F (ml/min/kg) | t <sub>1/2</sub> (hr) |      |
|-----|----------------------------------|-------------------|-----------|--------------------------|-------------------------------|-----------------------|------------------|-----------------------|------|
| 1   |                                  | BRV               | D1        | 200                      | 4.51                          | 48.3                  | N/M              | 0.92                  | 7.5  |
|     |                                  | CBZ + BRV         | D22       | 300 + 200                | 3.92                          | 34.19                 | N/M              | 1.30                  | 6.4  |
|     |                                  | CBZ-E + BRV       | D35       | 300 + 200                | 5.07                          | 33.73                 | N/M              | 1.32                  | 6.1  |
| 2   | (Stockis, Watanabe, et al. 2016) | BRV               |           | 150                      | 4.22                          | 41.2                  | 0.75             | 0.80                  | 8.19 |
|     |                                  | BRV + Rifampin    |           | 600                      | 3.74                          | 22.8                  | 0.63             | 1.45                  | 4.4  |
| 3   | (Nicolas et al. 2012)            | BRV               |           | 150                      | 4.15                          | 41.4                  | N/M              | 0.217                 | 8.09 |
|     |                                  | BRV-OH            |           |                          | 0.154                         | 4.18                  | N/M              | N/M                   | 9.58 |
|     |                                  | BRV-AC            |           |                          | 0.244                         | 3.29                  | N/M              | N/M                   | 8.59 |
|     |                                  | BRV-OHAC          |           |                          | 0.0476                        | 0.966                 | N/M              | N/M                   | 11.2 |
|     |                                  | BRV + Gemfibrozil |           | 150 + 600                | 4.16                          | 39.2                  | N/M              | 0.229                 | 7.64 |
|     |                                  | BRV-OH            |           |                          | 0.183                         | 4.94                  | N/M              | N/M                   | 9.25 |
|     |                                  | BRV-AC            |           |                          | 0.285                         | 3.61                  | N/M              | N/M                   | 7.99 |
|     |                                  | BRV-OHAC          |           | 0.0247                   | 7.09                          | N/M                   | N/M              | 15.7                  |      |
| 4   | (Kruithof et al. 2017)           | BRV               |           | 200                      | 4.940                         | 53.97                 | N/M              | N/M                   | N/M  |
|     |                                  | BRV+ Ethanol      |           | 200+0.6**                | 4.369                         | 54.82                 | N/M              | N/M                   | N/M  |

studies have emphasized the importance of taking dose-dependent effects into account when adjusting BRV therapy for people with varying needs (Stockis, Hartstra, et al. 2016). The significant increase in AUC<sub>0-∞</sub> values observed in this study indicates potential changes in the drug's PK profile, affecting its safety and efficacy at both single and multiple doses of BRV (Stockis et al. 2014).

The oral solution and tablet showed similar patterns of mean BRV plasma concentration over time, indicating rapid absorption. The median difference of 15 minutes in T<sub>max</sub> values of 0.63 hr and 1.00 hr demonstrates that absorption was more rapid with the oral solution than with the tablet. The AUC and C<sub>max</sub> values were observed to be remarkably similar in individual participants, which depicted that patients are not expected to experience any problems with PK, tolerability, or safety while switching between the two forms. Therefore, the patients

who struggle to swallow pills now have another treatment choice with BRV oral solution, which may improve their likelihood of adhering to their prescribed course of treatment (Otoul et al. 2017).

In this study, the CL/F of HC decreased from 0.71 ml/min/kg to 0.54, 0.48, and 0.46 ml/min/kg when compared to individuals with mild, moderate, and severe hepatic disease, respectively. This decline in CL/F suggests that there is a need for dose adjustments in patients with varying degrees of liver dysfunction (Stockis, Sargentini-Maier, and Horsmans 2013). Doubling the BRV dose to 200 mg resulted in a two-fold rise in both C<sub>max</sub> and AUC<sub>0-∞</sub> values, demonstrating a linear dose-response relationship. This suggests the necessity for cautious dosage adjustment to balance therapeutic efficacy and possible hazards (Rolan, Sargentini-Maier, et al. 2008).

A notable decrease in  $C_{max}$  was observed while administering BRV with carbamazepine, suggesting a possible PK interaction. Moreover, a significant rise in BRV  $CL/F$  showed that carbamazepine may affect BRV absorption or metabolism, potentially influencing its therapeutic levels. More investigation is required to assess the implications of these alterations when these medicines are administered concurrently (Moseley et al. 2019). When BRV was administered with gemfibrozil, no significant increase in  $C_{max}$  was noted, i.e., 4.15  $\mu\text{g/ml}$  to 4.16  $\mu\text{g/ml}$ . This suggests that gemfibrozil may not have a significant impact on BRV's peak plasma concentration because of limited PK interaction between the two drugs (Nicolas et al. 2012). The combination of rifampicin (CYP2C19 inducer) with the BRV resulted in a decrease in the plasma concentrations of the latter by 45%. Therefore, in such patients, it may be needed to adjust the dose of BRV to achieve the required therapeutic effect (Stockis, Watanabe, et al. 2016).

Moreover, there is a potential for publication bias. Age and sex ratios (males vs. females) in the included research were not taken into account. By searching several databases and incorporating published papers, an effort to reduce the likelihood of publication bias was made, but despite that, publication bias cannot be completely avoided.

The existing review's strength lies in its coverage of PK variables from studies conducted in both populations (healthy and diseased) in the English language till December 2023. There is less possibility of missing an article because 13 studies were retrieved from 5 different databases, which led to appropriate and reliable findings and trustworthy results. Only "English-language-based" papers were considered in the current review, therefore, it might be possible that a few papers may have been missed. There are currently no head-to-head trials, little

information on long-term safety and efficacy, and high costs for BRV.

## 5. Conclusions

In the current review, all the available PK data of the BRV in both healthy and diseased populations are summarized. The  $C_{max}$  and AUC proportionally rose in healthy people with an increase in dose. The AUC was found to be higher in patients with renal disease. Additionally, the co-administration of other medicines dramatically decreases the bioavailability, thus affecting other PK parameters of BRV. This extensive literature search may be used to create PK drug-disease models by applying the available input parameters, and it will also benefit clinicians in estimating the dosage regimen and avoiding medication interactions in patients with different diseases. Moreover, in the future, it may also help to optimize clinical trials.

## Conflict of Interest

The authors declare that they have no potential conflicts of interest that might be relevant to the contents of this manuscript.

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## Study Approval

NA

## Consent Form

NA

## Availability of Data and Material

All the data used for this publication is either presented in the main article or is available as supplementary information.

## Authors' Contributions

Conceptualization: A.Q, I.I, M.F.R; Methodology: A.Q, A.Z, M.F.R; Formal analysis and investigation: A.Z, I.I, M.F.R, Writing - original draft preparation: A.Q, I.I, M.F.R; Writing - review and editing: A.Z, I.I, M.F.R, Supervision: M.F.R., I.I. All authors have made substantial contributions to the design, extraction, analysis, and interpretation of data and have actively participated in drafting and revising the article. All authors agreed to submit the final version to the journal and agreed to be accountable for all aspects of the work.

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